

MIVCA 2018 Tentative Schedule

Friday, March 9, 2018

3:00	Registration		
4:00 – 4:10	Welcome and Introductions		
4:10 – 5:00	Alisha – Coaching Philosophy and Passing		
5:00 – 5:50	Blocking - Beam	Injury Prevention-Middleton	Psych of a Player-Malone
5:50 – 6:20	Boxed Lunch		
6:20 – 7:10	Alisha & Amber Warners #1	Ideas for Defending w/o Needing a Big Block - Brandel	
7:20 – 8:45	Alisha – Setting (Long Session)		

Saturday, March 10, 2018

8:00	Registration		
8:30 – 9:10	General Meeting		
9:10 – 10:20	Alisha & Theresa #2		Practice Planning for different times of the season-Schmidt
10:20 – 11:20	Alisha – Serving & Attacking	Youth VB-B. Johnson	
11:20 – 12:00	State Champions		Coaching Middle School Volleyball - TBA
12:00 – 1:00	Banquet – Cafeteria		
1:15 – 2:00	Alisha - Reading & Team Defense	Cond. Speed & Agility-M. Johnson	TBD
2:10 – 3:00	Serve Receive Formations and Tactics - Gawlick	TBD	Statistics and Analytics - Schmidt
3:30 – 4:00	Alisha - Focused Coaching Drills		

Alisha's topics:

#1 Alisha and Amber Warners – Communication

#2 Alisha and Theresa Beekman – Team Culture